

MSAD #54 Curriculum

Content Area: Soccer
Unit:

Grade: K-2
MLR Span:

MLR -Content Standard:

G. Movement/Motor skills and Knowledge: Students demonstrate the fundamental and specialized movement skills and apply principles of movement.

H. **Physical Fitness Activities and Knowledge**: Students demonstrate and apply fitness concepts.

I. **Personal and Social Skills and Knowledge**: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

| Performance Descriptor(s) | MSAD #54 Objectives | Instructional Resources/ Activities/Assessments |
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| <p>G2 Movement Skills Students demonstrate a variety of locomotor skills</p> <p>b. Demonstrate a <i>locomotor skill</i></p> <p>G3 Skill-related Fitness Components Students identify the skill-related fitness components of balance and coordination.</p> <p>G4 Skill Improvement</p> <p>H3 Fitness Activity Students participate in physical activities to introduce the <i>health-related fitness components of flexibility, cardiovascular endurance, muscular endurance, and muscular strength</i></p> <p>I1 Cooperative Skills</p> <p>Students demonstrate taking turns and sharing while participating in physical activities.</p> <p>I2 Responsible Behavior Students follow procedures for safe behaviors, including maintaining appropriate personal space, while participating in physical activities.</p> <p>I3 Safety Rules and Rules of Play Students identify safety rules and rule of play for games/physical activities.</p> | <p>Students will:</p> <p>Students will learn basic soccer skills through instructional drills and experiences.</p> | <p>Lesson 1</p> <p>Activity: Passing -inside of foot</p> <p>Trapping -trap with foot -trap with thigh and chest</p> <p>Dribbling -Inside of foot</p> <p>Lesson 2</p> <p>Shooting -instep shot</p> <p>Goalie skills -Catching -Blocking -Punting</p> <p>Activity: Review of skills through game play.</p> <p>Assessment: Formative</p> |

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